

A Sri Yantra mandala, a complex geometric diagram consisting of nine interlocking triangles that radiate from a central point. The triangles are colored in shades of red, green, and blue. The central point is surrounded by a circle of lotus petals, and the entire design is enclosed within a square border with four T-shaped gates. The background is a dark, textured surface with intricate patterns.

SEXUAL TRANSMUTATION

The Foundation of Spiritual Development



The Golden Bowl of Ricemilk

After years of adulteries, Gautama (Buddha) realized his ascetism was too extreme when hearing a stringed instrument being tuned. The string must not be too loose or tight.

This is the Middle Way of Buddhism.

He then accepts the ricemilk of the milkmaid Sujata.

Afterwards, he placed on the bowl in the river, and proclaimed that he shall become enlightened if the golden bowl flows upward against the stream.

The bowl flowed upwards.



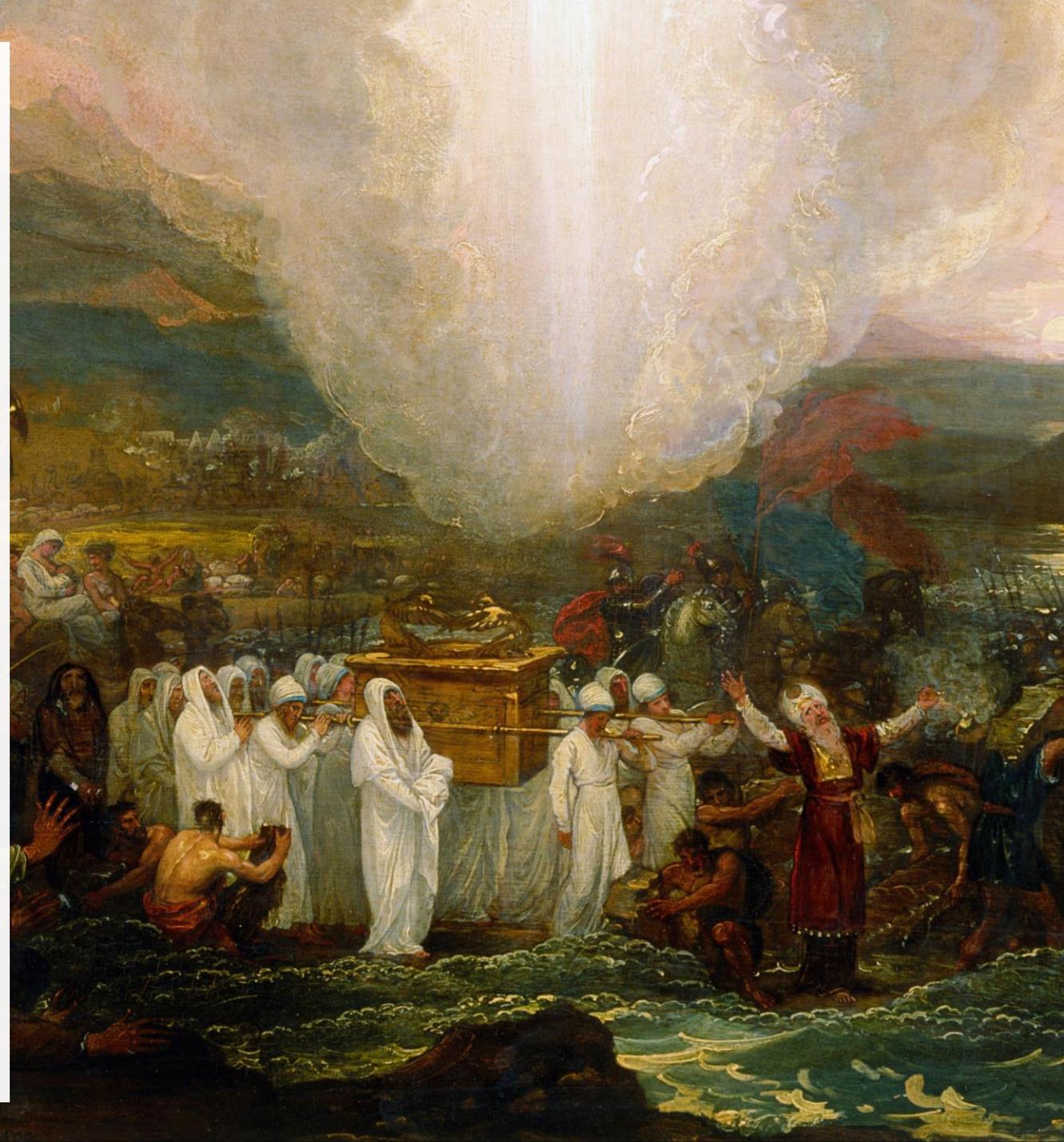


Jordan River Rises into a Pillar

When the people set out from their camp to cross over the Jordan, with the priests bearing the ark of the covenant before the people, the waters which came down from upstream stood still, and rose in a heap [טַי - Pillar of Water] very far away...

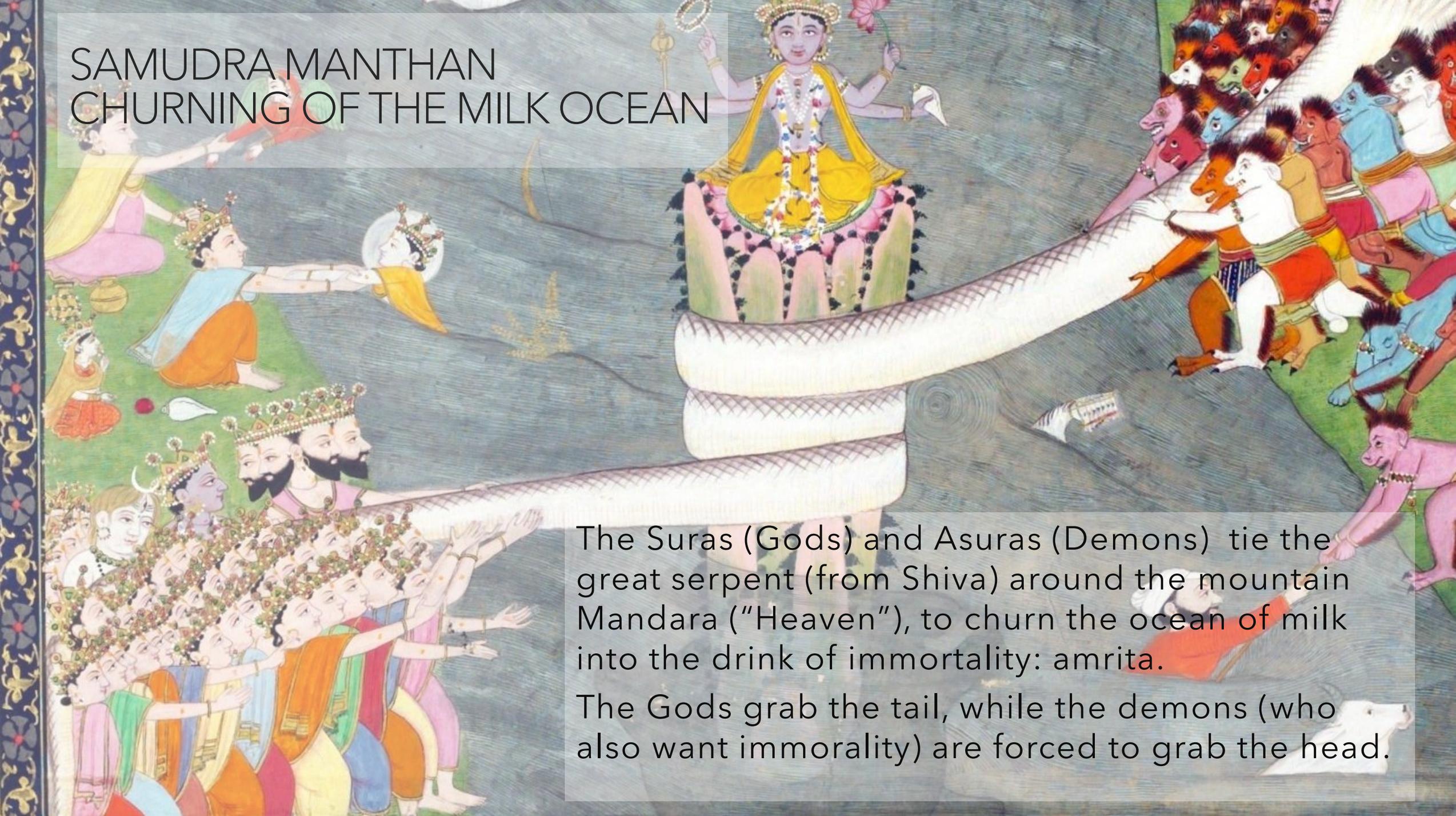
Then the priests who bore the ark of the covenant of the Lord stood firm on dry ground in the midst of the Jordan; and all Israel crossed over on dry ground, until all the people had crossed completely over the Jordan.

Joshua 3





SAMUDRA MANTHAN CHURNING OF THE MILK OCEAN



The Suras (Gods) and Asuras (Demons) tie the great serpent (from Shiva) around the mountain Mandara ("Heaven"), to churn the ocean of milk into the drink of immortality: amrita.

The Gods grab the tail, while the demons (who also want immortality) are forced to grab the head.

Waters of Life

Genesis 1: *In the beginning God created the heavens and the earth. The earth was without form, and void; and darkness was on the face of the deep. And the Spirit of God was hovering over the face of the waters.*

John 1: *In the beginning [ἀρχή, arche] was the Word, and the Word was with God, and the Word was God.*

John 2: *Jesus transforming water into wine at the wedding is "the beginning [ἀρχή, arche] of the miracles of Jesus."*

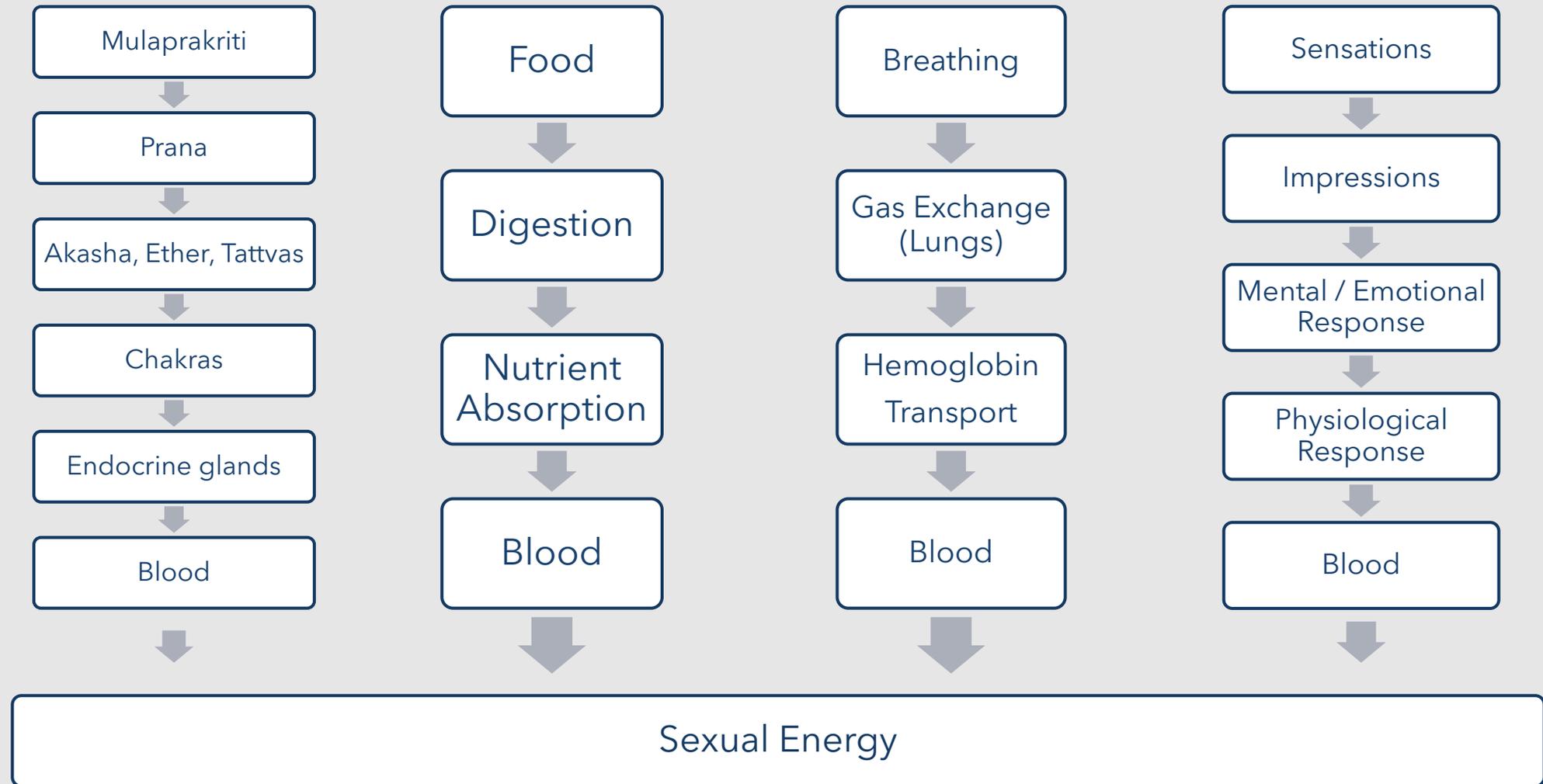




Dionysus / Bacchus:

- God of wine, intoxication, religious ecstasy
- Born of a union of a God with a mortal virgin (Hesiod, Theogony 940)
- Turned water into wine "...in the Isle of Andros there is a Fountain in the Temple of Father Bacchus [Dionysus], which upon the Nones of January always runneth with Water that tastes like Wine..." - Pliny (the Elder), Natural History

Sexual Energy: The Essence of Life

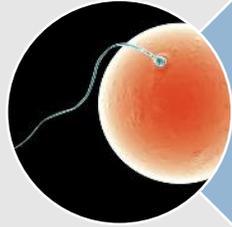


Sexual Energy

1. Body: physical fluids, hormones
2. Soul: the energetic component, or subtle aspect of the physical
3. Spirit: the image of truth; the basis of spiritual archetypes.

In esoterism, "semen" refers to all levels of the sexual energy, in both men and women.

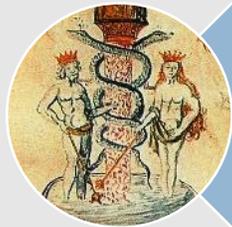
Functions of Sexuality



Procreation



Pleasure

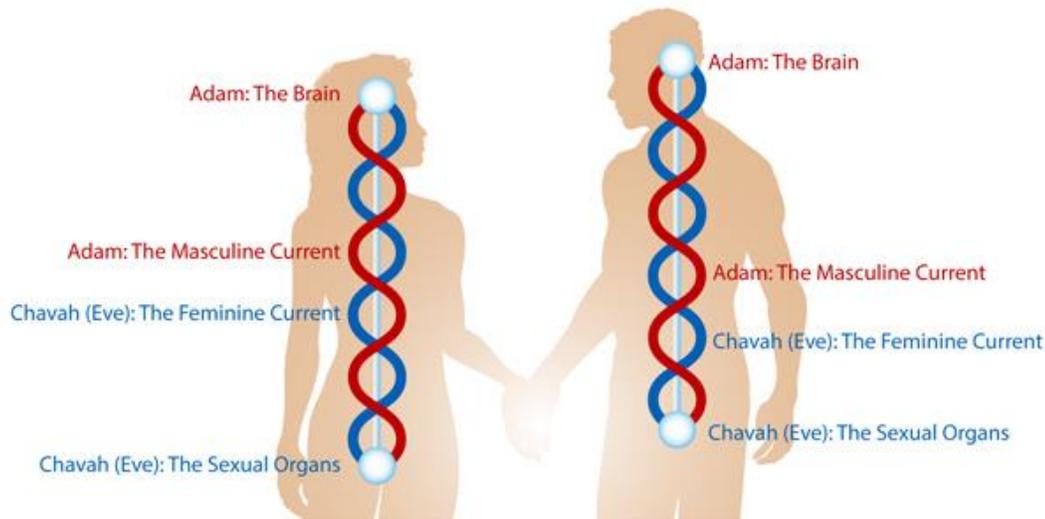


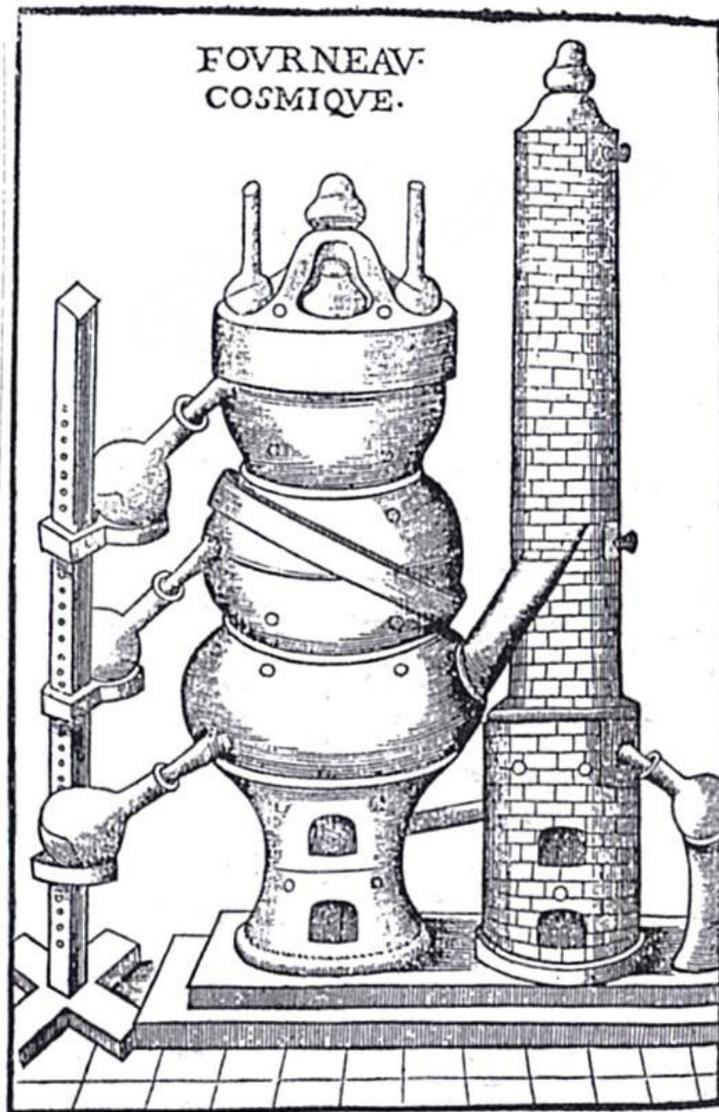
Psychogenesis



Subtle Energy Channels

- Transmuted sexual energy flows upward through the solar and lunar channels.
- Solar: Pingala, Adam, Od, Rasana
- Lunar: Ida, Eve, Odb, Lalana
- In Men:
 - Pingala begins with the left testicle and ends with right nasal cavity.
 - Ida begins with the right testicle and ends with the left nasal cavity.
- In Women
 - Pingala begins with the right ovary and ends with left nasal cavity.
 - Ida begins with the left ovary and ends with the right nasal cavity.





Retort or Receptacle (center) and Furnace (right)



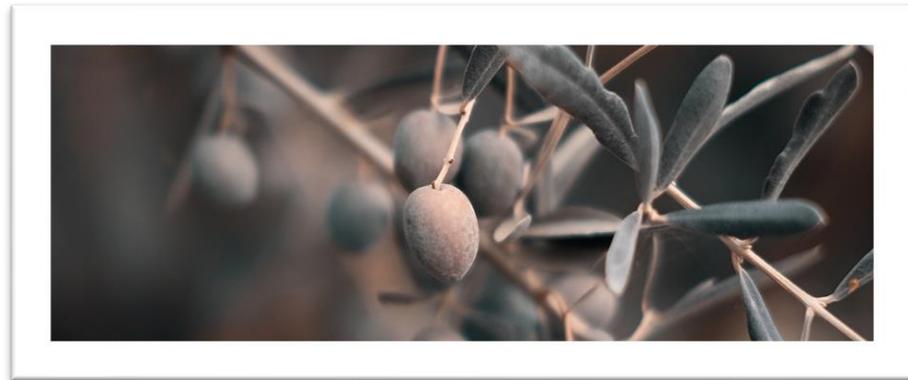
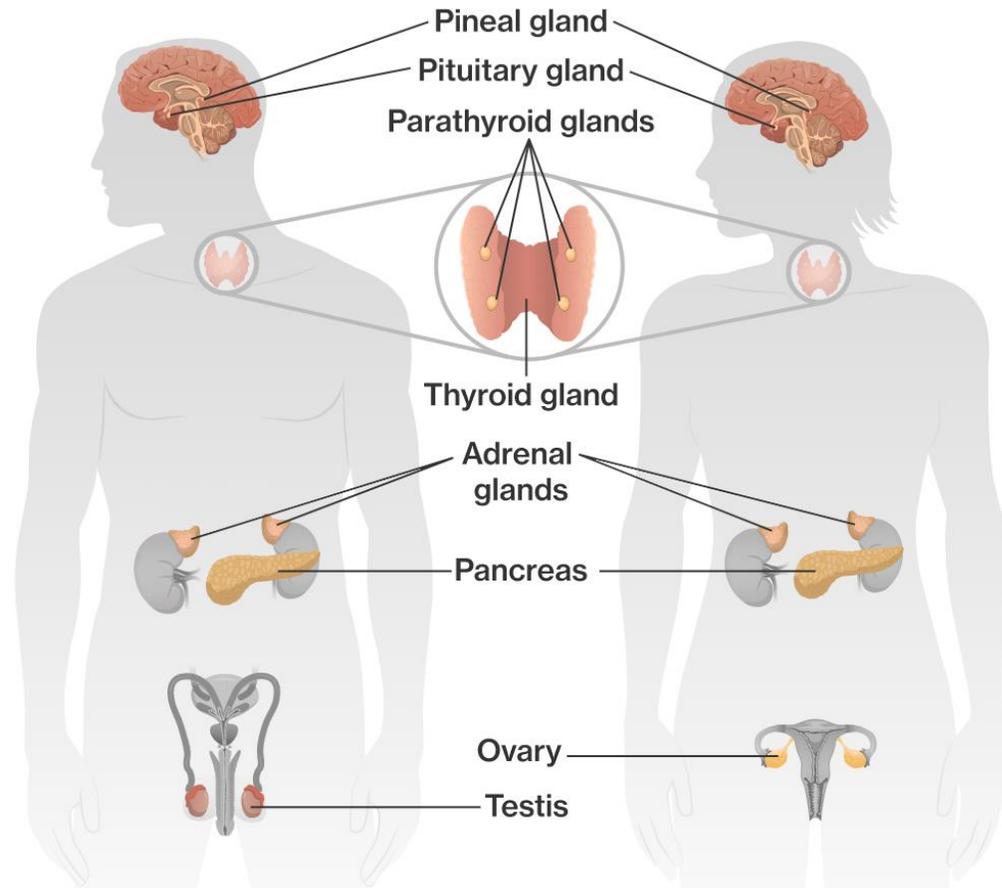
Alchemist's alembic

Secret Language

The teachings of sexual transmutation are usually veiled in polysemic language. Only those who have been educated in the symbolic meanings can understand them.

In Eastern traditions this is called sandhya-bhasa (twilight language), the language of Tantra.

In Western traditions is most clearly seen in the symbolism of Alchemy.



Olive Trees

And the angel that talked with me came again, and waked me, as a man that is wakened out of his sleep.

And said unto me, What seest thou? And I said, I have looked, and behold a candlestick all of gold, with a bowl upon the top of it, and his seven lamps thereon, and seven pipes to the seven lamps, which are upon the top thereof:

And two olive trees by it, one upon the right side of the bowl, and the other upon the left side thereof. - Zechariah 4:1-3

Then answered I, and said unto him, What are these two olive trees upon the right side of the candlestick and upon the left side thereof?

And I answered again, and said unto him, What be these two olive branches which through the two golden pipes empty the golden oil out of themselves?

And he answered me and said, Knowest thou not what these be? And I said, No, my lord.

Then said he, These are the two anointed ones, that stand by the Lord of the whole earth. - Zechariah 4:11-14

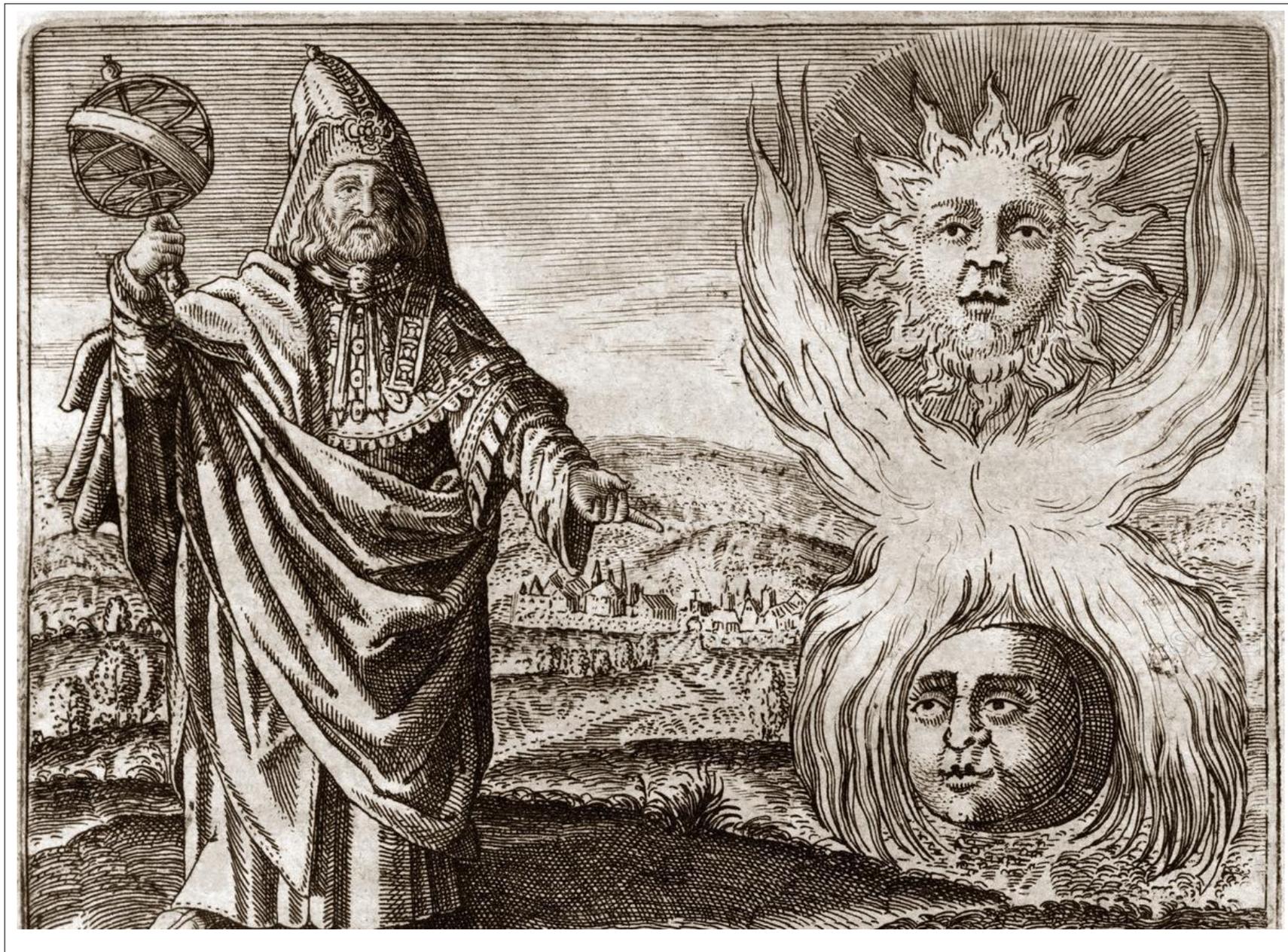


The Hermetic Seal

Hermetic - from Latin *hermeticus*,
from Greek Hermes, Hermes
Trismegistus

According to Alchemical tradition,
Hermes invented the process of
making a glass tube airtight using a
secret seal.

Nothing occurs in Alchemy without a
Hermetic Seal.



*Separate that
spirituous earth
from the dense or
crude by means of
a gentle heat, with
much attention.*

*Hermes
Trismegistus*



The Secret of Alchemy

Maintain chastity while sexually connected.

Chastity means:

1. No orgasm or ejaculation occurs. Stop before it occurs.
2. Within a relationship based upon love.
3. Purity of heart and mind - renounce lust.

"Separate that spirituous earth from the dense or crude by means of a gentle heat, with much attention."



Yeshe Tsogyel

To allow the bodhichitta to be spilled outside is like slaying the Buddha Amitabha...

I was able to reverse the bodhichitta upward...

I remained attentive to the bliss but did not crave it...

Not for an instant did I give way to laziness.

Yeshe Tsogyal

Lady of the Lotus-Born, The Life and Enlightenment of Yeshe Tsogyal, 2002, p 42

Bodhichitta

(Sanskrit बोधिचित्त; often spelled bodhicitta, but pronounced "boh-dee-cheeta") Literally, Bodhi means "enlightenment, wisdom." Chitta means "mind, heart, aim." In synthesis, bodhichitta means the enlightened psyche or the psyche of wisdom. This term has many levels of application.

- In Sutrayana (introductory form), bodhichitta is used to describe the altruistic intention to attain enlightenment for the benefit of suffering beings.
- In Mahayana teachings, bodhichitta is an elevated state of awareness (prajna) which directly perceives Emptiness (the Absolute).
- In Tantrayana, bodhichitta refers to the seminal fluids of the body. The Tibetan version, byan-sems, can be translated either as "enlightenment mind" or "semen." It must be understood that "semen" (literally "seed") is found in both males and females, and can only create life when combined; the seed-essence (the energy) creates Bodhichitta only in very specific circumstances.
- Samael Aun Weor often expresses the synthesis, which combines all of these meanings.

Three Types of Mercury

- Sexual alchemy (sexual magic, sahaja maithuna) starts a creative process.
- The sexual energy is known as mercury in Alchemy.
- There are three degrees of mercury:
 1. Base sexual energy. Brute mercury.
 2. Transmuted sexual energy. The liberated "metallic soul" of the Mercury.
 3. The crystallizations of the transmuted sexual energy. The metallic soul of the Mercury fecundated with Sulfur (Fire).



How does it work?

What do we "do?"

When the sexual impulse to fornicate (orgasm / ejaculation) is refrained, the base semen is transformed into subtle vapors.

The subtle seminal vapor is the metallic soul of the mercury, which ascends up ida and pingala.

When those subtle vapors reach a saturation point, the kundalini awakens, and superior crystallizations of the soul occur.

Each refinement of sexual energy activates deeper and more occult forces which bring about terrible tempests of the soul.

The kundalini ascends in strict accordance with the purity of the heart.

The transmutation occurs when the ego gets out of the way. The intelligence of the Divine Mother is doing the real work.

The couple's responsibility is to remain in chastity, remembering the divine, while applying the correct amount of "heat" (sexual arousal).

Pranayama

Pranayama is a system of sexual transmutation for single persons.

- Samael Aun Weor, The Yellow Book

HAM SAH Pranayama

Sit down comfortably: the eastern way (cross-legged) or the western way (on a comfortable armchair). Relax your bodies as children do.

Inhale deeply, very slowly, and imagine that the creative energy rises through the spermatic channels up to the brain; mentally pronounce the mantra HAM like this: HAAAAAAAMM.

Exhale, short and quick, as you pronounce aloud the mantra SAH: SAAAAHH...

Undoubtedly, you inhale through the nose and exhale through the mouth. While inhaling, you “mantralize” the sacred syllable HAM (mentally, since you are inhaling through the nose); but you can articulate the syllable SAH with sound while you exhale.

Three Forms of Tantrism



White Tantra: those schools that produce beings who are clean of all egotistical desire, anger, lust, envy, etc. Such beings are known as Buddhas, Masters, Angels, Devas, etc.

Grey Tantra: those schools who want to be White but do not renounce Black methods. They are caught in the middle.

Black Tantra: those schools that produce beings who sustain and develop the causes of suffering, namely lust, anger, greed, pride, etc. Such beings are called demons, sorcerers, Maruts, Asuras, etc.

“In the view of Tantra, the body's vital energies are the vehicles of the mind. When the vital energies are pure and subtle, one's state of mind will be accordingly affected. By transforming these bodily energies we transform the state of consciousness.” - The 14th Dalai Lama

For More Information

- Frequently Asked Questions:
 - <https://gnosticteachings.org/faqs/sex.html>
- Books
 - The Perfect Matrimony
 - <https://gnosticteachings.org/books-by-samael-aun-weor/the-perfect-matrimony.html>
 - Kundalini Yoga: Mysteries of the Fire
 - <https://gnosticteachings.org/books-by-samael-aun-weor/kundalini-yoga-the-mysteries-of-the-fire.html>
 - The Mystery of the Golden Flower
 - <https://gnosticteachings.org/books-by-samael-aun-weor/the-mystery-of-the-golden-flower.html>
 - The Narrow Way
 - <https://gnosticteachings.org/books-by-samael-aun-weor/the-narrow-way.html>
- Courses
 - Alchemy
 - <https://gnosticteachings.org/courses/alchemy.html>
 - Evolution of Sex
 - <https://gnosticteachings.org/courses/evolution-of-sex.html>
 - Machinery of the Soul
 - <https://gnosticteachings.org/courses/machinery-of-the-soul.html>